# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

## **CURRENT REPORT**

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934 Date of Report (Date of earliest event reported): June 09, 2022

# **HELIOS TECHNOLOGIES, INC.**

(Exact name of Registrant as Specified in Its Charter)

Florida (State or Other Jurisdiction of Incorporation) 0-21835 (Commission File Number) 59-2754337 (IRS Employer Identification No.)

7456 16th St E Sarasota, Florida (Address of Principal Executive Offices)

34243 (Zip Code)

Registrant's Telephone Number, Including Area Code: 941 362-1200

(Former Name or Former Address, if Changed Since Last Report)

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	the appropriate box below if the Form 8-K filing is intended al Instruction A.2. below):	l to simultaneously satisfy the filing	obligation of the registrant under any of the following provisions (see					
□ v	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)							
□ S	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)							
□ P	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))							
□ P	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))							
Securit	ties registered pursuant to Section 12(b) of the Act:							
	<b>Title of each class</b> Common Stock \$.001 Par Value	Trading Symbol(s) HLIO	Name of each exchange on which registered New York Stock Exchange					
	te by check mark whether the registrant is an emerging gro- curities Exchange Act of 1934 (§ 240.12b-2 of this chapter).		5 of the Securities Act of 1933 (§ 230.405 of this chapter) or Rule 12b-2 of					
Emerg	ing growth company $\square$							
	merging growth company, indicate by check mark if the reg nting standards provided pursuant to Section 13(a) of the Ex		xtended transition period for complying with any new or revised financial					

#### Item 8.01 Other Events.

On June 9, 2022, the Registrant issued the press release attached hereto as Exhibit 99.1 announcing a \$0.09 per share cash dividend on its common stock, payable on July 20, 2022, to shareholders of record as of July 5, 2022.

### Item 9.01 Financial Statements and Exhibits.

(d)Exhibits

99.1 Press release dated June 9, 2022

104 Cover Page Interactive Data File (embedded within the Inline XBRL document).

### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

HELIOS TECHNOLOGIES, INC.

Date: June 9, 2022 By: /s/ Tricia L. Fulto

/s/ Tricia L. Fulton Tricia L. Fulton Chief Financial Officer (Principal Financial and Accounting Officer)



#### FOR IMMEDIATE RELEASE

# Helios Technologies Declares 102nd Consecutive Quarterly Cash Dividend

SARASOTA, FL, June 9, 2022 — Helios Technologies, Inc. (NYSE: HLIO) ("Helios" or the "Company"), a global leader in highly engineered motion control and electronic controls technology for diverse end markets, announced that its Board of Directors declared its 102nd consecutive quarterly cash dividend of \$0.09 per common share.

The dividend will be payable on July 20, 2022 to stockholders of record as of July 5, 2022. Helios Technologies has approximately 32.5 million shares of common stock outstanding.

#### **About Helios Technologies**

Helios Technologies is a global leader in highly engineered motion control and electronic controls technology for diverse end markets, including construction, material handling, agriculture, energy, recreational vehicles, marine and health and wellness. Helios sells its products to customers in over 90 countries around the world. Its strategy for growth is to be the leading provider in niche markets, with premier products and solutions through innovative product development and acquisition. The Company has paid a cash dividend to its shareholders every quarter since becoming a public company in 1997. For more information please visit: <a href="https://www.heliostechnologies.com">www.heliostechnologies.com</a>.

### For more information, contact:

Tania Almond Vice President of Investor Relations, Corporate Communication and Risk Management (941) 362-1333 tania.almond@ HLIO.com

Deborah Pawlowski Kei Advisors LLC (716) 843-3908 dpawlowski@keiadvisors.com

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Helios Technologies | 7456 16th St E| Sarasota, FL 34243 | 941-362-1200