# **UNITED STATES**

	SECORITIES	WASHINGTON, D.C. 20549								
		FORM 8-K								
	Pursuant to Section 1 Date of Report (Dat	•								
	HELIOS TECHNOLOGIES, INC. (Exact name of Registrant as Specified in Its Charter)									
	Florida (State or Other Jurisdiction of Incorporation)	0-21835 (Commission File Number)	59-2754337 (IRS Employer Identification No.)							
	7456 16th St E Sarasota, Florida (Address of Principal Executive Offices)		34243 (Zip Code)							
	Registrant's Tel	ephone Number, Including Area Code: 941	362-1200							
	(Former Na	me or Former Address, if Changed Since Last Rep	port)							
	eck the appropriate box below if the Form 8-K filing is intervisions (see General Instruction A.2. below):	nded to simultaneously satisfy the filing obliga	tion of the registrant under any of the following							
	Written communications pursuant to Rule 425 under the	Securities Act (17 CFR 230.425)								
	Soliciting material pursuant to Rule 14a-12 under the Ex	change Act (17 CFR 240.14a-12)								
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))									
	Pre-commencement communications pursuant to Rule 1	3e-4(c) under the Exchange Act (17 CFR 240	0.13e-4(c))							
Sec	curities registered pursuant to Section 12(b) of the Act:									

Title of each class Common Stock \$.001 Par Value

Trading Symbol(s) HLIO

Name of each exchange on which registered New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§ 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§ 240.12b-2 of this chapter).

Emerging growth company □

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.  $\Box$ 

## Item 8.01 Other Events.

On December 12, 2023, the Registrant issued the press release attached hereto as Exhibit 99.1 announcing a \$0.09 per share cash dividend on its common stock, payable on January 19, 2024, to shareholders of record as of January 4, 2024.

## Item 9.01 Financial Statements and Exhibits.

(d)Exhibits

- 99.1 Press release dated December 12, 2023
- 104 Cover Page Interactive Data File (embedded within the Inline XBRL document).

## **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

HELIOS TECHNOLOGIES, INC.

Date: December 12, 2023 By: /s/ Sean Bagan

Sean Bagan
Chief Financial Officer (Principal Financial and Accounting Officer)



#### FOR IMMEDIATE RELEASE

## Helios Technologies Extends History of Quarterly Dividends With 108th Consecutive Cash Dividend

SARASOTA, FL, December 12, 2023 — Helios Technologies, Inc. (NYSE: HLIO) ("Helios" or the "Company"), a global leader in highly engineered motion control and electronic controls technology for diverse end markets, announced that its Board of Directors declared a quarterly cash dividend of \$0.09 per common share. Helios has declared consecutive quarterly dividends to its stockholders for over 26 years.

The dividend will be payable on January 19, 2024 to stockholders of record as of January 4, 2024. Helios Technologies has approximately 33.1 million shares of common stock outstanding.

## **About Helios Technologies**

Helios Technologies is a global leader in highly engineered motion control and electronic controls technology for diverse end markets, including construction, material handling, agriculture, energy, recreational vehicles, marine and health and wellness. Helios sells its products to customers in over 90 countries around the world. Its strategy for growth is to be the leading provider in niche markets, with premier products and solutions through innovative product development and acquisition. The Company has paid a cash dividend to its shareholders every quarter since becoming a public company in 1997. For more information please visit: www.heliostechnologies.com and follow us on LinkedIn.

## For more information, contact:

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