UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

CURRENT REPORT Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934 Date of Report (Date of earliest event reported): December 19, 2025 HELIOS TECHNOLOGIES, INC. [toact earns of Registrances specified in its Charter) Florida (Date or Other American Securities Institution (Institution Information			
Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934 Date of Report (Date of earliest event reported): December 19, 2025 HELIOS TECHNOLOGIES, INC. (Caset name of Registrant & Specified in its Charter) Florida (Date or Other Jurisdiction of Incorporation) (Date of Other Jurisdiction Of Incorporation) (Jurisdiction A.2 December 19, 2025 Registrant's Telephone Number, Including Area Code: 941 362-1200 [Former Name or Former Address, If Changed Since Last Report) Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2 Declow): Written communications pursuant to Rule 435 under the Securities Act (17 CFR 230.425) Soliciting material pursuant to Rule 143-12 under the Exchange Act (17 CFR 240.144-12) Pre-commencement communications pursuant to Rule 143-4(c) under the Exchange Act (17 CFR 240.144-2(b)) Pre-commencement communications pursuant to Rule 136-4(c) under the Exchange Act (17 CFR 240.148-4(c)) Securities registered pursuant to Section 12(b) of the Act: Trading Title of each class Symbol(s) Name of each exchange on which registered Common Stock S.001 Per Value HUO New York Stock Exchange Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§ 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§ 240.12b-2 of this chapter) Emerging growth company If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial		FORM 8-K	
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Item 8.01 Other Events.

On December 18, 2025, the Registrant issued the press release attached hereto as Exhibit 99.1 announcing a \$0.09 per share cash dividend on its common stock, payable on January 21, 2026, to shareholders of record as of January 7, 2026.

Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits
- 99.1 <u>Press release dated December 18, 2025</u>
- 104 Cover Page Interactive Data File (embedded within the Inline XBRL document).

SIGNATURE

Pursuant authorize	•	ities Exchange Act of 1934, the registrant has duly o	caused this report to be signed on its behalf by the undersigned thereunto	duly	
			HELIOS TECHNOLOGIES, INC.		
Date:	December 19, 2025	Ву:	/s/ Jeremy Evans		
			Jeremy Evans Chief Financial Officer (Principal Financial Officer)		





FOR IMMEDIATE RELEASE

Helios Technologies Extends History of Quarterly Dividends With 116th Consecutive Cash Dividend

SARASOTA, FL, December 18, 2025 — Helios Technologies, Inc. (NYSE: HLIO) ("Helios" or the "Company"), a global leader in highly engineered motion control and electronic control technologies, announced that its Board of Directors declared a quarterly cash dividend of \$0.09 per common share. Helios has declared consecutive quarterly dividends to its stockholders for over 28 years, beginning with the first quarter 1997.

The dividend will be payable on January 21, 2026, to stockholders of record as of January 7, 2026. Helios Technologies has approximately 33.1 million shares of common stock outstanding.

About Helios Technologies

Helios Technologies is a global leader in highly engineered motion control and electronic controls technology for diverse end markets, including construction, material handling, agriculture, energy, recreational vehicles, marine and health and wellness. Helios sells its products to customers in over 90 countries around the world. Its strategy for growth is to be the leading provider in niche markets, with premier products and solutions through innovative product development and acquisitions. The Company has paid a cash dividend to its shareholders every quarter since becoming a public company in 1997. For more information please visit: www.heliostechnologies.com_and follow us on LinkedIn.

For more information, contact:

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