

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

SCHEDULE 14A INFORMATION
Proxy Statement Pursuant to Section 14(a) of the
Securities Exchange Act of 1934
(Amendment No.)

Filed by the Registrant

Filed by a Party other than the Registrant

Check the appropriate box:

- Preliminary Proxy Statement
- Confidential, for Use of the Commission Only** (as permitted by Rule 14a-6(e)(2))
- Definitive Proxy Statement
- Definitive Additional Materials
- Soliciting Material under §240.14a-12

HELIOS TECHNOLOGIES, INC.

(Name of registrant as specified in its charter)
(Name of person(s) filing proxy statement, if other than the registrant)

Payment of Filing Fee (Check all boxes that apply):

- No fee required.
 - Fee paid previously with preliminary materials.
 - Fee computed on table in exhibit required by Item 25(b) per Exchange Act Rules 14a-6(i)(1) and 0-11.
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Helios Technologies, Inc.

Important Notice Regarding the Internet Availability of Proxy Materials for the Annual Meeting of Stockholders to be held on June 15, 2026 at 8:30 a.m. Central Daylight Time

This communication is not a form of voting and presents only an overview of the more complete proxy materials that are available to you on the Internet. We encourage you to access and review all of the important information contained in the proxy materials before voting.

The Proxy Statement and Annual Report are available at <https://web.viewproxy.com/HeliosTechnologies/2026>

If you want to receive a paper or email copy of these documents, you must request one by following the instructions below on or before June 8, 2026 to facilitate timely delivery. There is no charge to you for requesting a copy.

Important information regarding the Internet availability of the Company's proxy materials, instructions for accessing your proxy materials and voting online, and instructions for requesting paper or e-mail copies of your proxy materials are outlined in this Notice.

Mr AB Sample
Sample Street
Sample Town
Sampleshire, XXX XXX

You must use the 11-digit Control Number located in the box to attend the Annual Meeting virtually, to vote via Internet, or to request proxy materials.



CONTROL NUMBER

STOCKHOLDERS ARE CORDIALLY INVITED TO ATTEND THE ANNUAL MEETING.

To the Stockholders of Helios Technologies, Inc.:

The 2026 Annual Meeting of Stockholders of Helios Technologies, Inc. will be held on June 15, 2026 at 8:30 a.m. Central Daylight Time.

Notice is hereby given that the Annual Meeting of Stockholders of Helios Technologies, Inc. will be held on June 15, 2026 at 8:30 a.m. Central Daylight Time at The Mayo Hotel, 115 W 5th St, Tulsa, Oklahoma 74103 for the following purposes:

The Board recommends a vote "FOR" Proposals 1, 2, 3 and 4.

1. To elect three directors, currently serving on our Board, to serve until the Annual Meeting in 2029, and one director to serve until the Annual Meeting in 2027, whom shall serve until successors are elected and qualified or until an earlier resignation, removal from office or death.

ELECTION OF DIRECTORS:

1. Laura Dempsey Brown
 2. Cary Chenanda
 3. Alexander Schuetz
 4. Ian Walsh
2. To ratify the appointment of Grant Thornton LLP as the Company's independent registered public accounting firm for the year ending January 2, 2027.
 3. To conduct an advisory vote to approve Named Executive Officer compensation.
 4. To amend the Helios Technologies, Inc. 2023 Equity Incentive Plan to increase the number of shares reserved for issuance thereunder by 1,000,000; and
 5. To transact such other business as properly may come before the Meeting or any adjournment thereof.

The Securities and Exchange Commission rules permit us to make our proxy materials available to our stockholders via the Internet.

Material for this Annual Meeting and future meetings may be requested by one of the following methods:



Internet: Go to

<https://web.viewproxy.com/HeliosTechnologies/2026>

Have the 11-digit Control Number available when you access the website and follow the instructions.



Telephone:

Call 1-877-777-2857 Toll Free



E-Mail:

By e-mail at: requests@viewproxy.com

* If requesting material by e-mail, please send a blank e-mail with the company name and your 11-digit Control Number in the subject line. No other requests, instructions, or other inquiries should be included within this email request.

CONTROL NUMBER

VOTING METHODS

Via Internet prior to the Annual Meeting:

Go to www.FCRvote.com/HIQ

Have your 11-digit Control Number available and follow the prompts.

- Your electronic vote prior to the Annual Meeting authorizes the named proxies to vote your shares in the same manner as if you marked, signed, dated, and returned a proxy card.

Helios Technologies, Inc.
