As filed with the Securities and Exchange Commission on June 16, 2026

Registration No. 333-

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM S-8
REGISTRATION STATEMENT
UNDER
THE SECURITIES ACT OF 1933

HELIOS TECHNOLOGIES, INC.
(Exact name of registrant as specified in its charter)

Florida	**59-2754337**
(State or other jurisdiction of incorporation or organization)	**(I.R.S. Employer Identification No.)**

7456 16th St E
Sarasota, Florida 34243
(Address, including zip code, of registrant's principal executive offices)

Helios Technologies, Inc. 2023 Equity Incentive Plan
(Full title of the plan)

Marc A. Greenberg
Executive Vice President, General Counsel & Secretary
7456 16th St E
Sarasota, Florida 34243
(941) 362-1200
(Name, address, including zip code, and telephone number, including area code, of agent for service)

***With copies to*:**

Joel T. May
Jones Day
1221 Peachtree St N.E.
Suite 400
Atlanta, Georgia 30361
(404) 521-3939

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, a smaller reporting company or an emerging growth company. See the definitions of "large accelerated filer," "accelerated filer," "smaller reporting company" and "emerging growth company" in Rule 12b-2 of the Exchange Act.

Large accelerated filer	☒	Accelerated filer	☐
Non-accelerated filer	☐	Smaller reporting company	☐
		Emerging Growth Company	☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 7(a)(2)(B) of the Securities Act. ☐

EXPLANATORY NOTE

Pursuant to General Instruction E of Form S-8, this Registration Statement on Form S-8 is filed by Helios Technologies, Inc. (the "***Registrant***") to register an additional 1,000,000 shares of common stock, par value $.001 per share ("***common stock***"), issuable pursuant to the Helios Technologies, Inc. 2023 Equity Incentive Plan, as amended through June 12, 2026, which are securities of the same class and relate to the same employee benefit plan as those shares of common stock registered on the Registrant's Registration Statement on Form S-8 (File No. 333-272462) filed by the Registrant with the Securities and Exchange Commission ("***SEC***") on June 6, 2023 (the "***Prior Registration Statement***") in accordance with General Instruction E to Form S-8 regarding registration of additional securities. Accordingly, the Registrant incorporates by reference herein the contents of the Prior Registration Statement which are made part of this Registration Statement, except to the extent modified, superseded, or amended by the information set forth herein.

PART II

INFORMATION REQUIRED IN THE REGISTRATION STATEMENT

Item 3. Incorporation of Documents by Reference.

The Registrant is subject to the informational and reporting requirements of Sections 13(a), 13(c), 14 and 15(d) of the Securities Exchange Act of 1934, as amended (the "***Exchange Act***"), and, in accordance therewith, files reports, proxy statements and other information with the Securities and Exchange Commission (the "***SEC***"). The following documents have been filed by the Registrant with the SEC and are incorporated herein by reference:

a) The Registrant's Annual Report on Form 10-K for the fiscal year ended January 3, 2026 (File No. 001-40935), filed with the SEC on March 3, 2026;

b) The Registrant's Quarterly Report on Form 10-Q for the quarterly period ended April 4, 2026 (File No. 001-40935), filed with the SEC on May 12, 2026;

c) The Registrant's Current Reports on Form 8-K (File No. 001-40935) filed with the SEC on February 26, 2026, March 20, 2026 (Item 8.01 only), and June 15, 2026; and

d) The description of the Registrant's Common Stock contained in Exhibit 4.1 to the Registrant's Annual Report on Form 10-K for the fiscal year ended December 28, 2019, filed with the SEC on February 25, 2020, including any amendments or reports filed for the purpose of updating such description.

All documents filed by the Registrant pursuant to Sections 13(a), 13(c), 14 and 15(d) of the Exchange Act subsequent to the filing of this registration statement and prior to the filing of a post-effective amendment, which indicates that all securities offered hereby have been sold or which deregisters all securities then remaining unsold, shall be deemed to be incorporated by reference into this registration statement and to be a part hereof from the date of filing such documents.

Any statement contained herein, or in a document incorporated or deemed to be incorporated by reference herein, shall be deemed to be modified or superseded for purposes of this registration statement to the extent that a statement contained in any subsequently filed document that also is deemed to be incorporated by reference herein, modifies or supersedes such statement. Any such statement so modified or superseded shall not be deemed, except as so modified or superseded, to constitute a part of this registration statement.

Item 8. Exhibits.

Exhibit Number	Description
4.1	Amended and Restated Articles of Incorporation of the Registrant (incorporated by reference to Exhibit 3.1 in the Pre-Effective Amendment No. 4 to the Registrant's Registration Statement on Form S-1 filed on December 19, 1996 (File No. 333-14183)).
4.2	Articles of Amendment to Articles of Incorporation effective June 8, 2011 (incorporated by reference to Exhibit 3.1 to the Registrant's Current Report on Form 8-K (File No. 000-21835) filed on June 9, 2011).
4.3	Articles of Amendment to Amended and Restated Articles of Incorporation as filed with the Secretary of State of Florida on June 4, 2014 (incorporated by reference to Exhibit 3.1 to the Registrant's Current Report on Form 8-K (File No. 000-21835) filed on June 4, 2014).
4.4	Articles of Amendment to Amended and Restated Articles of Incorporation as filed with the Secretary of State of Florida on June 13, 2019 (incorporated by reference to Exhibit 3.1 to the Registrant's Current Report Form 8-K (File No. 000-21835) filed on June 18, 2019).
4.5	Fourth Amended and Restated Bylaws dated June 4, 2021 (incorporated by reference to Exhibit 3.1 to the Registrant's Current Report on Form 8-K (File No. 000-21835) filed on June 7, 2021).
4.6	Description of Registrant's Securities Registered Pursuant to Section 12 of the Securities Exchange Act of 1934 (incorporated by reference to Exhibit 4.1 to the Registrant's Annual Report on Form 10-K for the fiscal year ended December 28, 2019, filed on February 25, 2020).
4.7	Helios Technologies, Inc. 2023 Equity Incentive Plan (incorporated by reference to Appendix B to the Registrant's Definitive Proxy Statement on Schedule 14A, filed on May 4, 2026).
5.1	Opinion of Jones Day.
23.1	Consent of Jones Day (included in Exhibit 5.1).
23.2	Consent of Grant Thornton LLP.
24	Power of Attorney (contained on signature page to this Registration Statement).
107	Calculation of Filing Fee Tables.

SIGNATURES

Pursuant to the requirements of the Securities Act of 1933, the Registrant certifies that it has reasonable grounds to believe that it meets all the requirements for filing on Form S-8 and has duly caused this registration statement to be signed on its behalf by the undersigned, thereunto duly authorized, in the City of Sarasota, State of Florida, on this sixteenth day of June, 2026.

Helios Technologies, Inc.
(Registrant)

By: /s/ Marc A. Greenberg
Name: Marc A. Greenberg
Title: Executive Vice President, General Counsel & Secretary

POWER OF ATTORNEY

KNOW ALL PERSONS BY THESE PRESENTS, that each of the undersigned officers and directors of the Registrant hereby constitutes and appoints Sean Bagan, Jeremy Evans and Marc A. Greenberg, or any of them, each acting alone, as the true and lawful attorney-in-fact or agent, or attorneys-in-fact or agents, for each of the undersigned, with full power of substitution and resubstitution, and in the name, place and stead of each of the undersigned, to execute and file any and all amendments, including post-effective amendments, supplements and exhibits to this Registration Statement, granting unto said attorneys-in-fact and agents, and each of them, full power and authority to do and perform each and every act and thing necessary, appropriate or desirable to be done in and about the premises in order to effectuate the same as fully to all intents and purposes as he or she might or could do if personally present, hereby ratifying and confirming all that said attorneys-in-fact and agents, and each of them, may lawfully do or cause to be done by virtue hereof.

Pursuant to the requirements of the Securities Act of 1933, as amended, this registration statement on Form S-8 has been signed by the following persons in the capacities and on the dates indicated.

Signature	Title	Date
/s/ Sean Bagan Sean Bagan	President & Chief Executive Officer, Director (Principal Executive Officer)	June 16, 2026
/s/ Jeremy Evans Jeremy Evans	Executive Vice President, Chief Financial Officer (Principal Financial and Accounting Officer)	June 16, 2026
/s/ Laura Dempsey Brown Laura Dempsey Brown	Director, Chair of the Board of Directors	June 16, 2026
/s/ Douglas M. Britt Douglas M. Britt	Director	June 16, 2026
/s/ Cariappa (Cary) Chenanda Cariappa (Cary) Chenanda	Director	June 16, 2026
/s/ Diana Sacchi Diana Sacchi	Director	June 16, 2026
/s/ Alexander Schuetz Alexander Schuetz	Director	June 16, 2026
/s/ Ian Walsh Ian Walsh	Director	June 16, 2026

JONES DAY

1221 PEACHTREE STREET, N.E. • SUITE 400 • ATLANTA, GEORGIA 30361

TELEPHONE: +1.404.521.3939 • JONESDAY.COM

June 16, 2026

Helios Technologies, Inc.
7456 16th St. E
Sarasota, Florida 34243

Re: Registration Statement on Form S-8 filed by Helios Technologies, Inc.

Ladies and Gentlemen:

We have acted as counsel for Helios Technologies, Inc., a Florida corporation (the "***Company***"), in connection with the registration of an additional 1,000,000 shares (the "***Shares***") of common stock, par value $.001 per share, of the Company that may be issued or delivered and sold pursuant to the Helios Technologies, Inc. 2023 Equity Incentive Plan, as amended through June 12, 2026 (the "***Plan***"). In connection with the opinion expressed herein, we have examined such documents, records and matters of law as we have deemed relevant or necessary for purposes of such opinion. Based on the foregoing, and subject to the further limitations, qualifications and assumptions set forth herein, we are of the opinion that the Shares that may be issued or delivered and sold pursuant to the Plan and authorized forms of restricted stock, restricted stock unit or other applicable agreements thereunder (the "***Award Agreements***") will be, when issued or delivered and sold in accordance with the Plan and the Award Agreements, validly issued, fully paid and nonassessable.

The opinion expressed herein is limited to the Florida Business Corporation Act, as currently in effect, and we express no opinion as to the effect of the laws of any other jurisdiction on the opinion expressed herein. In addition, we have assumed that the resolutions authorizing the Company to issue or deliver and sell the Shares pursuant to the Plan and the Award Agreements will be in full force and effect at all times at which such Shares are issued or delivered or sold by the Company, and the Company will take no action inconsistent with such resolutions. In rendering the opinion above, we have assumed that each award under the Plan will be approved by the Board of Directors of the Company or an authorized committee thereof.

We hereby consent to the filing of this opinion as Exhibit 5.1 to the Registration Statement on Form S-8 filed by the Company to effect registration of the Shares under the Securities Act of 1933 (the "***Act***"). In giving such consent, we do not thereby admit that we are included in the category of persons whose consent is required under Section 7 of the Act or the rules and regulations of the Securities and Exchange Commission promulgated thereunder.

Very truly yours,

/s/ Jones Day

Exhibit 23.2

CONSENT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

We have issued our reports dated March 3, 2026 with respect to the consolidated financial statements and internal control over financial reporting of Helios Technologies, Inc. included in the Annual Report on Form 10-K for the year ended January 3, 2026, which are incorporated by reference in this Registration Statement. We consent to the incorporation by reference of the aforementioned reports in this Registration Statement.

/s/ GRANT THORNTON LLP

Tampa, Florida
June 16, 2026

Calculation of Filing Fee Tables

S-8

HELIOS TECHNOLOGIES, INC.

Table 1: Newly Registered Securities

	Security Type	Security Class Title	Fee Calculation Rule	Amount Registered	Proposed Maximum Offering Price Per Unit	Maximum Aggregate Offering Price	Fee Rate	Amount of Registration Fee
1	Equity	Common Stock, $.001 par value per share	Other	1,000,000	$ 82.14	$ 82,140,000.00	0.0001381	$ 11,343.53
				Total Offering Amounts:		$ 82,140,000.00		$ 11,343.53
				Total Fee Offsets:				$ 0.00
				Net Fee Due:				$ 11,343.53

Offering Note

1 The amount registered reflected in Table 1 above represents the number of shares of common stock, par value $.001 per share (the "Common Stock"), of Helios Technologies, Inc., a Florida corporation (the "Company"), issuable pursuant to the Helios Technologies, Inc. 2023 Equity Incentive Plan, as amended (the "Plan") being registered on the Registration Statement on Form S-8 (the "Registration Statement") to which this exhibit relates. Pursuant to Rule 416 of the Securities Act of 1933 (the "Securities Act"), the Registration Statement also covers such additional shares of Common Stock as may become issuable pursuant to the anti-dilution provisions of the Plan. The proposed maximum offering price per unit and the maximum aggregate offering price in Table 1 above are estimated solely for the purposes of determining the amount of the registration fee, pursuant to paragraphs (c) and (h) of Rule 457 under the Securities Act, on the basis of the average of the high and low sale prices of Common Stock on the New York Stock Exchange on June 10, 2026, which is a date within five business days prior to filing.

Table 2: Fee Offset Claims and Sources ☑**Not Applicable**

		Registrant or Filer Name	Form or Filing Type	File Number	Initial Filing Date	Filing Date	Fee Offset Claimed	Security Type Associated with Fee Offset Claimed	Security Title Associated with Fee Offset Claimed	Unsold Securities Associated with Fee Offset Claimed	Unsold Aggregate Offering Amount Associated with Fee Offset Claimed	Fee Paid with Fee Offset Source
Rule 457(p)												
Fee Offset Claims												
Fee Offset Sources												