FORM 3

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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# **INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*  Evans Jeremy Scott		2. Date of Event Requiring Statement (Month/Day/Year) 09/01/2025	3. Issuer Name and Ticker or Trading Symbol HELIOS TECHNOLOGIES, INC. [ HLIO ]				
(Last) (First) (Middle)			Relationship of Reporting Person(s) to Issuer (Check all applicable)		,	5. If Amendment, Date of Original Filed (Month/Day/Year)	
C/O HELIOS T 7456 16TH ST	O HELIOS TECHNOLOGIES, INC. 56 16TH ST E			X	Officer (give title below)  Chief Accounting	10% Owner Other (specify below) Officer	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person
(Street) SARASOTA	FL	34243			C.mor. recomming		Form filed by More than One Reporting Person
(City)	(State)	(Zip)					

#### Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	` '	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	l '
Common Stock	195	D	

# Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise	(D) or	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Indirect (I) (Instr. 5)	
Stock Options (right to buy)	09/11/2027 <sup>(1)</sup>	09/11/2034 <sup>(1)</sup>	Common Stock	2,671	40.13	D	
Stock Options (right to buy)	03/15/2028 <sup>(2)</sup>	02/27/2035 <sup>(2)</sup>	Common Stock	2,118	39.8	D	
Performance-Based Restricted Stock Units	(3)	(3)	Common Stock	836	0	D	
Restricted Stock Units	(4)	(4)	Common Stock	557	0 <sup>(5)</sup>	D	
Restricted Stock Units	(6)	(6)	Common Stock	748	0 <sup>(5)</sup>	D	
Restricted Stock Units	(7)	(7)	Common Stock	990	0 <sup>(5)</sup>	D	

## Explanation of Responses:

- 1. Stock Options granted to reporting person on September 11, 2024; unless earlier forfeited under the terms of the Options, 100% of the options vest and become exercisable on the third anniversary of the grant date.
- 2. The performance stock options granted to the reporting person on February 27, 2025, represent the right to receive, following vesting, a number of stock options up to 225% of the number of stock options. The number of performance stock options acquired upon vesting is contingent upon the achievement of pre-established performance metrics, as approved by the Company's Compensation Committee, over a three-year performance period beginning on the first day of the fiscal year of 2025 and ending the last day of the fiscal year of 2027, subject to continuous employment with the Company through March 15, 2028. Stock options expire 10 years from the date of grant.
- 3. The performance based restricted stock units granted to the reporting person on April 1, 2024, which represent the right to receive, following vesting, up to 200% of one share of the Company's Common Stock. The number of shares of Common Stock acquired upon vesting of the performance-based RSUs is contingent upon the achievement of pre-established performance metrics, as approved by the Company's Compensation Committee over a three-year performance period beginning on the first day of the fiscal year of 2024 and ending on the last day of the fiscal year of 2027.
- 4. Restricted stock units granted to reporting person on April 1, 2024; unless earlier forfeited under the terms of the RSU, 33-1/3% of the awards vest and convert into Common Stock on each of the first three anniversaries of the grant date.
- 5. Each RSU represents the right to receive, following vesting, one share of Common Stock.
- 6. Restricted stock units granted to reporting person on September 11, 2024, 50% of the awards vest and convert into Common Stock on each of the first two anniversaries of the grant date.
- 7. Restricted stock units granted to reporting person on February 17, 2025; unless earlier forfeited under the terms of the RSU, 33-1/3% of the awards vest and convert into Common Stock on each of the first three anniversaries of the grant date.

### Remarks:

Ex. 24.1 Power of Attorney; The filing was delayed due to delays in obtaining valid filing credentials from EDGAR Next.

/s/ Marc Greenberg, Attorney-in-Fact for Jeremy Scott Evans

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

#### POWER OF ATTORNEY FOR SECTION 16 FILINGS

The undersigned, Jeremy Scott Evans, an individual, (the "Undersigned") does hereby make, constitute and appoint Marc A. Greenberg, his true and lawful attorneys for the purposes hereinafter set forth, effective as of this 11<sup>th</sup> day of September, 2025.

References in this power of attorney to "attorney-in-fact" are to each of the persons named above and to the person or persons substituted hereunder pursuant to the power of substitution granted herein.

The Undersigned hereby grants to the Attorney-in-Fact, for the Undersigned and in his name, place and stead the power to:

- (1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain codes, passwords, and passphrases enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934 or any rule or regulation of the SEC;
- (2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of Helios Technologies, Inc. or one or more of its subsidiaries (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder, and any other forms or reports the undersigned may be required to file in connection with the undersigned's ownership, acquisition, or disposition of securities of the Company;
- (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form ID, 3, 4, or 5, or other form or report, complete and execute any amendment or amendments thereto, and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing

attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934. The Undersigned shall indemnify and hold harmless each attorney-in-fact for any exercise of the powers granted hereby.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

This Power of Attorney may be executed and delivered by facsimile, PDF or other electronic transmission and shall be deemed to have the same legal effect as delivery of an original signed copy of this Power of Attorney.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed on the date first written above.

/s/ Jermy Evans Jeremy Evans

## STATE OF FLORIDA COUNTY OF SARASOTA

Subscribed and sworn before me by means of physical presence on this 11<sup>th</sup> day of September, 2025 by Jeremy Evans, who is personally known to me.

/s/ Adriana Gomez

Notary Public:

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