FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty													I					
1. Name and Address of Reporting Person * Yadley Gregory C				2. Issuer Name and Ticker or Trading Symbol HELIOS TECHNOLOGIES, INC. [HLIO]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
(Last) (First) (Middle) 1500 WEST UNIVERSITY PARKWAY				3. Date of Earliest Transaction (Month/Day/Year) 08/07/2020						Off	icer (give title b	elow)	Othe	er (specify be	low)			
(Street) SARASOTA, FL 34243				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person								
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	any	ution Date, if	e, if	(Instr. 8)		(A	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Beneficially Owned Follow Reported Transaction(s)		Following	Form:		7. Nature of Indirect Beneficial	
				(Month/l	Day/Ye	ear)	Code	e ,	V Aı	mount	(A) or (D)	Price	`	3 and 4)	nd 4)		Direct (D) Owner or Indirect (Instr. (I) (Instr. 4)	
Common	Stock		08/07/2020				A		60	00		\$ 41.54	7,210	210 (1)		D		
Common Stock												788 <u>(2)</u>			I		by IRA	
	T		or each class of secur		e Secu	ırities	s Acqı	Po co th uired,	erson ontair ie for , Disp	ns who ned in m disp	respo this fo plays a	orm ar curre	e not re ently val	ection of i quired to r id OMB co	espond un	less	SEC 1	474 (9-02)
1. Title of	2	3. Transactio		4.	, cans,	, wai:				Exerc) Γitle and	8 Price o	f 9. Numbe	r of	10.	11. Natur
	Conversion or Exercise Price of Derivative Security	n Date (Month/Day/Y	Year) any	tte, if Transaction Code Year) (Instr. 8)		on N of D So A (A D of (I			and Expiration Date (Month/Day/Year)		An Un Sec	nount of derlying curities str. 3 and		Derivative Securities Beneficia Owned Following Reported Transactic (Instr. 4)	e Ily	Form of Derivative Security: Direct (D or Indirect	(Instr. 4)	
				C	ode	V (.	A) (I		Date Exercis		Expiration Date	On Tit	Amou or Numb of Shares	er				

Reporting Owners

		Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Yadley Gregory C 1500 WEST UNIVERSITY PARKWAY SARASOTA, FL 34243	X							

Signatures

Willard A. Blair, as Attorney-in-Fact for Gregory C. Yadley	08/11/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Form 3 previously filed on 4/27/2020 listed the Amount of Securities Beneficially Owned as 6,611, which included a fractional share that was rounded up; the fractional share was subsequently disposed in connection with a change in custodian.
- (2) The Form 3 previously filed on 4/27/2020 listed the Amount of Securities Beneficially Owned as 789 shares, which included a fractional share that was rounded up; the fractional share was subsequently disposed in connection with a change in custodian.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.